



# MACHAKOS UNIVERSITY

University Examinations 2023/2024 Academic Year

SCHOOL OF AGRICULTURE, ENVIRONMENT AND HEALTH SCIENCES

DEPARTMENT OF ENVIRONMENTAL SCIENCES

FOURTH YEAR-SECOND SEMESTER EXAMINATION FOR

BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT

HCM 411: GERONTOLOGY

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## INSTRUCTIONS

*Answer question one and any other two questions*

### QUESTION ONE (COMPULSORY) (30 MARKS)

- a) Define the following terms.
- i. Gerontology (2 marks)
  - ii. Death (2 marks)
  - iii. Grief (2 marks)
  - iv. Ageist practices (2 marks)
  - v. Geriatrics (2 marks)
- b) Discuss the following social theories of ageing: -
- i. Activity theory (5 marks)
  - ii. Disengagement theory (5 marks)
- c) Explain five (5) health considerations of older adults. (5 marks)
- d) Elaborate on the impact of the marital status on the lifestyle of older adults. (5 marks)

### QUESTION TWO (20 MARKS)

- a) The guidance and counselling team leader has stated that death is not the only cause of grief; discuss other five (5) potential causes of grief. (10 marks)
- b) Describe five (5) components of study encompassed in gerontology. (10 marks)

### QUESTION THREE (20 MARKS)

- a) The media has reported that inability to cope with grief is a leading cause of many reported suicide cases; with relevant examples, discuss five (5) potential ways of dealing with the grieving process. (10 marks)

- b) You have been asked as a gerontology consultant to talk about the various areas of gerontology, discuss five (5) perspectives of ageing. (10 marks)

**QUESTION FOUR (20 MARKS)**

- a) Some social roles change while others remain with us throughout our lives; discuss five (5) social roles of older adults in the society. (10 marks)
- b) There are services for every age-group in the society, discuss two (2) social welfare services for older persons in the society. (10 marks)

**QUESTION FIVE (20 MARKS)**

- a) Explain five (5) common causes of home accidents among older adults. (10 marks)
- b) Different members of the society develop certain attitudes towards older adults. With relevant examples, describe five (5) factors associated with the ageist attitudes of the health professionals. (10 marks)