



MACHAKOS UNIVERSITY

University Examinations 2023/2024 Academic Year

SCHOOL OF AGRICULTURE, ENVIRONMENT AND HEALTH SCIENCES
DEPARTMENT OF ENVIRONMENTAL SCIENCES
FOURTH YEAR-SECOND SEMESTER EXAMINATION FOR
BACHELOR OF SCIENCE IN COMMUNITY RESOURCE MANAGEMENT
HCM 411: GERONTOLOGY

INSTRUCTIONS

Answer question one and any other two questions

QUESTION ONE (COMPULSORY) (30 MARKS)

a) Define the following terms.

- i. Gerontology (2 marks)
- ii. Death (2 marks)
- iii. Grief (2 marks)
- iv. Ageist practices (2 marks)
- v. Geriatrics (2 marks)

b) Discuss the following social theories of ageing: -

- i. Activity theory (5 marks)
- ii. Disengagement theory (5 marks)

c) Explain five (5) health considerations of older adults. (5 marks)

d) Elaborate on the impact of the marital status on the lifestyle of older adults. (5 marks)

QUESTION TWO (20 MARKS)

a) The guidance and counselling team leader has stated that death is not the only cause of grief; discuss other five (5) potential causes of grief. (10 marks)

b) Describe five (5) components of study encompassed in gerontology. (10 marks)

QUESTION THREE (20 MARKS)

a) The media has reported that inability to cope with grief is a leading cause of many reported suicide cases; with relevant examples, discuss five (5) potential ways of dealing with the grieving process. (10 marks)

b) You have been asked as a gerontology consultant to talk about the various areas of gerontology, discuss five (5) perspectives of ageing. (10 marks)

QUESTION FOUR (20 MARKS)

a) Some social roles change while others remain with us throughout our lives; discuss five (5) social roles of older adults in the society. (10 marks)

b) There are services for every age-group in the society, discuss two (2) social welfare services for older persons in the society. (10 marks)

QUESTION FIVE (20 MARKS)

a) Explain five (5) common causes of home accidents among older adults. (10 marks)

b) Different members of the society develop certain attitudes towards older adults. With relevant examples, describe five (5) factors associated with the ageist attitudes of the health professionals. (10 marks)